

# WINTER SHARE



# INTERVALE COMMUNITY FARM

2019–2020 Season

We hope that you will consider joining the Intervale Community Farm Winter Share. Our winter CSA program runs November through mid-May, made possible by excellent crop storage facilities and productive winter greenhouse space. Between the two, we provide a diverse selection of produce throughout the winter and spring.

The Winter Share is different than our Summer Share. Many favored crops — carrots, potatoes, spinach, and winter squash, for example — are prominent members of the Winter Share cast. If you have enjoyed our October produce in the past, you're likely to enjoy the Winter Share. Fresh greens such as spinach, kale, baby lettuce, and baby bok choy are a significant part of the share for November, December, March, April, and May, with lesser quantities in January & February. As always, we focus on top quality, certified-organic produce for a good consumer value. We also continue to offer local organic goat cheese and bread.

Look inside for details about signing-up and what you'll find in the share.

## **Intervale Community Farm Mission**

The Intervale Community Farm is dedicated to producing fresh, affordable, organic food in a sustainable and participatory manner. We are a member-owned, consumer cooperative that is part of the global Community-Supported Agriculture (CSA) movement.

The ICF Co-op Board has identified several goals to guide our operations. While the primary activity is growing food, the Board has identified all of the following ends as critical to our mission:

1. Grow and distribute a diverse array of fresh, high-quality, organic food at a fair market price.
2. Provide households with low-incomes access to the ICF.
3. Farm in a manner that sustains and enhances our environment.
4. Foster community and the awareness of agriculture among the membership of the ICF.
5. Provide sustainable and fulfilling jobs for ICF staff.
6. Work in the wider community by contributing to the development of sound agricultural and food security initiatives.

# Intervale Community Farm Winter Share Logistics

## One Size, One Price



The 2019-20 Winter Share is \$490. A \$50 deposit is due with your enrollment form, with the remainder due by 12/13/19. As always, Supported Shares may pay monthly, and we are generally willing to make payment arrangements with others as well.

Our aim is to provide veggies at a price competitive with comparable retail costs for local and organic produce. Savings have averaged about 10% off of comparable retail in a typical season.

## Enrollment and Availability



Winter Shares will be available to ICF co-op members and current Summer Share members on a first come, first served basis, though as with summer membership, members of the Intervale Community Farm Cooperative have first priority. As is our standard practice, 10% of these shares will be reserved for Supported Shares.

## Distribution

Pick-ups are alternating Thursdays from 3-6:00 PM. Half of the members come one week ('Group 1'), and half the other week ('Group 2'). We alternate weeks since the produce varies less between weeks than summer and most of it stores well. If you need to switch to the other group, we can easily accommodate that. Distribution takes place in our winter share facility, on the opposite side of Intervale Road from our summer location. You can map it at 282 Intervale Road.



Our season runs from November to mid-May, with slight schedule changes around Thanksgiving and New Year's- please see the specific pick-up dates on the sign-up form.

At our winter share pick-ups you'll receive a peck (10-12 lb.) basket of your choice of root vegetables, plus a selection of other seasonal produce. Local organic goat cheese and bread will be available as well.

If you have inclination, the winter walking, skiing, and snow pile climbing is often excellent: community-maintained Intervale ski trails commence near our winter share location.

# Intervale Community Farm 2019-20 Winter Share Membership Form

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone(s): \_\_\_\_\_

Email(s): \_\_\_\_\_

\_\_\_\_\_ I prefer to receive communications (information, billing) via paper and postal mail.

\_\_\_\_\_ Winter Share: \$490.

\_\_\_\_\_ Supported Winter Share: \$245. Eligibility is the same as for our Summer Supported Share. Please ask us if you are uncertain whether you are eligible.

\_\_\_\_\_ **Intervale Community Farm Cooperative membership**, \$200. One-time membership fee to join ICF Co-op, providing you automatic share renewal, priority for share memberships, board voting privileges, as well as supporting the farm. Minimum of \$25 toward the \$200 total due each year until fully paid; refundable in the event that you choose to withdraw from the co-op.

\_\_\_\_\_ **Automatic Winter Share renewal.** ICF Co-op members may elect for automatic renewal of shares.

### Please select your desired starting week:

Pick-up is **Thursday**, 3-6:00 PM, **every other week**. *Goat Cheese available only with Group 1.*  
ICF may need to re-assign you if the split is uneven between the two groups.

\_\_\_\_\_ Group 1: **Alternate Thursdays beginning 10/31, 11/27 (Wed.) and ending 5/7/20**

\_\_\_\_\_ Group 2: **Alternate Thursdays beginning 11/7 and ending 5/14/20**

\_\_\_\_\_ I have no preference. Assign me to either group.

**NO PICK-UPS the week of 12/23/19**

### Payment Information:

Please make all membership checks payable to *Intervale Community Farm*. **Split Shares:** Please circle the household above that is ultimately responsible for full payment. Invoices will be sent only to that household. Please note primary share name on memo line, if different from printed name on check.

\_\_\_\_\_ Payment in full, \$490.

\_\_\_\_\_ Installment plan. \$50 due with this form, remaining \$440 due by 12/13/19. Contact us to set up a longer payment plan.

\_\_\_\_\_ Co-op Membership Share, new membership or annual installment payment.

Sign me up for the Intervale Community Farm Winter Share. In submitting this form, I understand that this is a financial commitment and that there is no specific guarantee regarding the amount or selection of produce that I will receive. I understand that the Intervale Community Farm will make every effort to provide a broad and generous selection of fresh and stored organic produce.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_



# Intervale Community Farm Winter Share Produce

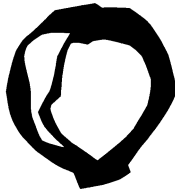
Winter Shares consist largely of stored produce, supplemented with some freshly-harvested greenhouse greens. Though ideally we would always eat directly from the fields, our Vermont climate does not permit this. After a decade of experience with Vermont storage crops, we have found our stored produce to be superior to that which is typically available in stores: sweet, crunchy carrots, flavorful potatoes, crispy cabbage, and tender greens.

As with the Summer Share, ICF will provide as much choice as possible. You can expect free choice among the root vegetables, and limited choices within the other crops. November, December, and March-May distributions will have more options than January and February, and we may have more or less of some items at certain times. Bearing in mind that pick-up is every other week, each Winter Share pick-up will look something like this:



10-12 lbs root vegetables:  
beets, carrots, celeriac,  
onions, parsnips, potatoes,  
rutabagas, sweet potatoes,  
turnips.

½ - 2 lb fresh greens:  
baby lettuce, arugula,  
spinach, kale, baby bok  
choy.



3-5 lbs cabbage  
(one head) usually  
a choice of green,  
red, or Napa.



4-6 lbs winter squash:  
Primarily butternut squash,  
our best storage variety.

1-2 lbs surviving hardy crops  
(November & December, weather  
permitting): broccoli, Brussels  
sprouts, swiss chard, assorted kales.



**WINTER SHARE**

