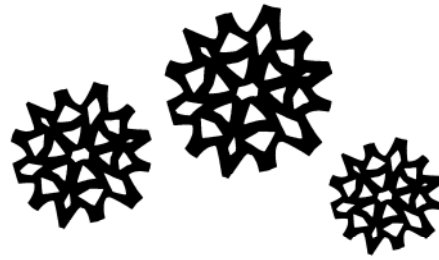


# WINTER SHARE



# INTERVALE COMMUNITY FARM

## 2023-2024 Season Pointers

Welcome to the Intervale Community Farm Winter Share! Our winter CSA program runs November through early May, made possible by excellent crop storage facilities and productive winter greenhouse space. Though our 2023-2024 will be somewhat different due to our July flooding, we will still have a diverse and delicious assortment of certified-organic root vegetables, cabbages, and fresh greens.


Pick-ups are alternating Thursdays from 2:00-6:00 PM from November 2, 2023, through May 2, 2024. Half of the members come one week ('Group 1'), and half the other week ('Group 2'), with slight schedule changes around Thanksgiving and New Year's Day. Find the precise schedule and calendar widget [here on our website](#).

Winter Shares are distributed from our facility at 282 Intervale Road, on the opposite side of Intervale Road from our summer shares. Take the first driveway on your right after the pavement ends on Intervale Road, fork to the left as you enter, and follow the signs for parking.



# Intervale Community Farm Winter Share

## Switching days and make-up shares:




Your choice of Group 1 or Group 2 provides ICF with an estimate of how much to harvest; please stick to your chosen day whenever possible. If you need to switch days, please do so. We do not require notice to switch pick-up days *unless* you have a share of bread, eggs, or cheese. For these items, please leave a message at 802-658-2919 x1 or **email Kathie**.

**Bread** cannot be credited or changed from your regular pickup day unless we are *notified by noon* of your change. We hold goat cheese and eggs for you to get at subsequent pick-ups.

If you expect to miss your pick-up, you may ask someone else to pick it up, or come the opposite Thursday, or pick-up two shares on another pick-up day. Unused produce will be donated to a local anti-hunger organization.

## Bags, Berry Boxes & Egg Cartons



Bring your favorite tote-bags and produce bags to collect and haul your veggies. Clean, *full-sized*, paper or plastic shopping bags you can leave at ICF for others are appreciated; contribute or find them in the blue barrels. You may also return any serviceable berry boxes, yogurt containers, or Pigasus Farm egg cartons for reuse.

## Concerns, Problems & Grievances

The ICF is your farm, and we want you to be happy! If something is wrong, please speak to an ICF staff person. If you have further concerns, please contact Farm Manager Andy Jones, 802 658 2919x4, or **email Andy**. If you prefer, please speak to an **ICF Board Member**. We want to make your share more useful and enjoyable.

## Support Intervale Community Farm – own your farm!



Join as a member-owner of Intervale Community Farm Cooperative, supporting ICF for the long-term, giving you CSA share signup preference, allowing you to vote in or run for ICF Board elections. Find out more [here](#).

## Useful Contact Information

**Account & membership questions:** Kathie Sullivan, [kathie@intervalecommunityfarm.com](mailto:kathie@intervalecommunityfarm.com); 802 658 2919 x1

**Donation requests:** Aly Martelle, [aly@intervalecommunityfarm.com](mailto:aly@intervalecommunityfarm.com)

**Farm Manager:** Andy Jones, [andy@intervalecommunityfarm.com](mailto:andy@intervalecommunityfarm.com); 802 658-2919x4

**Check out this week's produce at** <https://www.intervalecommunityfarm.com/this-week-csa>

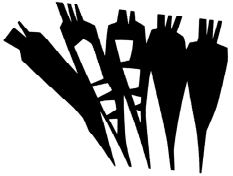
**Like us on Facebook** <https://www.facebook.com/intervalecommunityfarm/>

**Follow us on Instagram** [www.instagram.com/intervalecommunityfarm/](http://www.instagram.com/intervalecommunityfarm/)

# Intervale Community Farm Winter Share Produce

Winter Shares consist largely of stored produce, supplemented with some freshly harvested greenhouse greens. Though ideally, we would always eat directly from the fields, our Vermont climate does not permit this. After a decade of experience with Vermont storage crops, we have found our stored produce to be superior to that which is typically available in stores: sweet, crunchy carrots, crispy cabbage, and tender greens.

As with the Summer Share, ICF will provide as much choice as possible. You can expect free choice among the root vegetables, and some choices within the other crops. November, December, and March-May distributions will have more options than January and February, and we may have more or less of some items at certain times. Bearing in mind that *pick-up is every other week*, each Winter Share pick-up will look something like this:



7-8 lbs root vegetables:  
beets, carrots, potatoes,  
rutabagas, Gilfeathers,  
sweet potatoes, turnips

1- 2 lbs. fresh greens:  
baby lettuce, arugula,  
spinach, kale, baby bok  
choy, parsley, cilantro.



3-5 lbs. cabbage  
(one head) usually  
a choice of green,  
red, or Napa.

2-3 lbs. hardy field crops (November  
& December, weather permitting):  
broccoli, Brussels sprouts, Swiss  
chard, assorted kales.



WINTER SHARE

